



Grace Episcopal Church
341 Washington St.
Traverse City, MI 49684
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FOR IMMEDIATE RELEASE – Grace Church – **new programs**

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Begin: August 20, 2010
Repeat please: September 3 or/and 17, 2010

Ecumenical Spiritual Formation Programs

Grace Episcopal Church, Traverse City, MI, will offer two new ecumenical adult spiritual formation programs this fall, **“Foundations of Christian Spirituality “– Entering the Narrow Gate, and “The Two Year The Spiritual Direction Formation Program.”**

“Foundations of Christian Spirituality” - Entering the Narrow Gate is a reflective study of the Wisdom Tradition across the centuries. The 10 session class will meet once a month on a Thursday for ten months beginning in October, and is open to anyone.

The **Spiritual Direction Formation Program** is a two year practicum in the art of spiritual direction beginning September 23/24, 2010. The class meets once a month on a Thursday evening and Friday, 9 sessions per year, and has a formal application process.

Both classes will be facilitated by Sister Nancy Brousseau, OP, D.Min., and Rosemary Hagan, D.Min. Contact Grace Episcopal Church for an application. For more information on program content and dates, contact Sister Nancy Brousseau at nbrousseau@aol.com, or Rosemary Hagan at 231-946-3065, leelanaurose@gmail.com.

Grace Episcopal Church is located in downtown Traverse City across from the Courthouse at 341 Washington Street.